



Republika ng Pilipinas  
KAGAWARAN NG KALUSUGAN  
PAMBANSANG SANGGUNIAN SA NUTRISYON  
(NATIONAL NUTRITION COUNCIL)  
NATIONAL CAPITAL REGION



Excerpts from the Minutes of the Regional Nutrition Committee Meeting  
held on December 3, 2019 at the AVR of Commission on Population and Development, Mandaluyong City

**RNC-NCR RESOLUTION NO. 04**  
**Series of 2019**

**RESOLUTION ENJOINING LOCAL GOVERNMENT UNITS (LGU)  
IN THE NATIONAL CAPITAL REGION (NCR) TO DESIGNATE THEIR RESPECTIVE  
FOCAL NUTRITIONIST-DIETITIANS FOR THE FIRST 1000 DAYS PROGRAM  
OF THE PHILIPPINE PLAN OF ACTION FOR NUTRITION (PPAN)**

**WHEREAS**, since 2017, the Regional Nutrition Committee has been supporting the First 1000 Days program of the Philippine Plan of Action for Nutrition through the issuance of resolutions enjoining LGUs in the National Capital Region to implement the nutrition programs and projects for the First 1000 Days (F1K) by issuing local legislation/resolution supporting the F1K, formulating local nutrition action plans highlighting the F1K services, strengthening health service delivery system, allocating funds, and monitoring and evaluating the implementation of the F1K Program;

**WHEREAS**, the Regional Plan of Action for Nutrition (RPAN) 2019-2022 of NCR focuses on the First 1000 days as an effective strategy in preventing stunting and other forms of malnutrition;

**WHEREAS**, the Local Government Units are the key implementers of the F1K Program and the PPAN nutrition-specific, nutrition-sensitive, supporting and enabling programs;

**WHEREAS**, designating a focal nutritionist-dietitian for the F1K is needed to ensure that the F1K program as part of the PPAN is fully implemented, coordinated, monitored and evaluated both at the city/municipal and barangay levels;

**NOW, THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED**, by the Regional Nutrition Committee of the National Capital Region in a meeting duly assembled, enjoins all Local Chief Executives (LCEs) as Chair of their City/Municipal Nutrition Committee to designate a Focal Nutritionist-Dietitian for the First 1000 Days Program of the PPAN who will:

1. Ensure that the F1K programs and projects are included in the local nutrition action plan (LNAP) and integrated in the local development plan (LDP) at the city/municipality and barangays;
2. Coordinate the implementation of the F1K Program;
3. Prepare status reports of F1K implementation to be discussed during the local nutrition committee meetings;
4. Act as resource person on F1K;
5. Document good practices and initiatives on the F1K;
6. Attend meetings with the NNC-NCR regarding F1K, as needed; and
7. Perform other tasks related to F1K as may be assigned by the local nutrition committee.



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**RESOLVED FURTHER**, that the NNC-NCR Regional Office being the Secretariat to:

1. coordinate and monitor the implementation of this resolution; and
2. report the status of implementation to the RNC


**RESOLVED FURTHER**, that the NNC-NCR Regional Office being the Secretariat of the RNC to furnish the NNC Central Office, all regional members of the RNC and all local government units in the region a copy of this resolution.

**APPROVED UNANIMOUSLY AND ADOPTED**, this 05 December 2019 during the joint meeting of the Regional Nutrition Committee and Regional Nutrition Management Group held at the Audi-Visual Room of the Commission on Population and Development in Mandaluyong City.

*Certified Correct:*

  
**MS. MILAGROS ELISA V. FEDERIZO, RND, MPH**  
*Regional Nutrition Program Coordinator, NNC-NCR  
and Secretary, RNC*

*Attested by:*

  
**CORAZON L. FLORES, MD, MPH**  
*Chair, Regional Nutrition Committee  
OIC - Regional Director, Metro Manila Center for Health Development*